

Breakfast for Lunch with Nurse Steve



Thursday, October 8, Noon

**Nurse Steve's talk will be
"What do I have in common with Humpty
Dumpty: a discussion of the causes and
prevention of falls."**

Bring your friends and enjoy a delicious breakfast for lunch.
A variety of breakfast foods will be offered.

**Sign-up by Tuesday, October 6
\$4.68 (Regular meal cost)**



Urbana Senior Center
9020 Amelung Street, Frederick, MD 21704
(located on the lower level of the Urbana Regional Library)

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